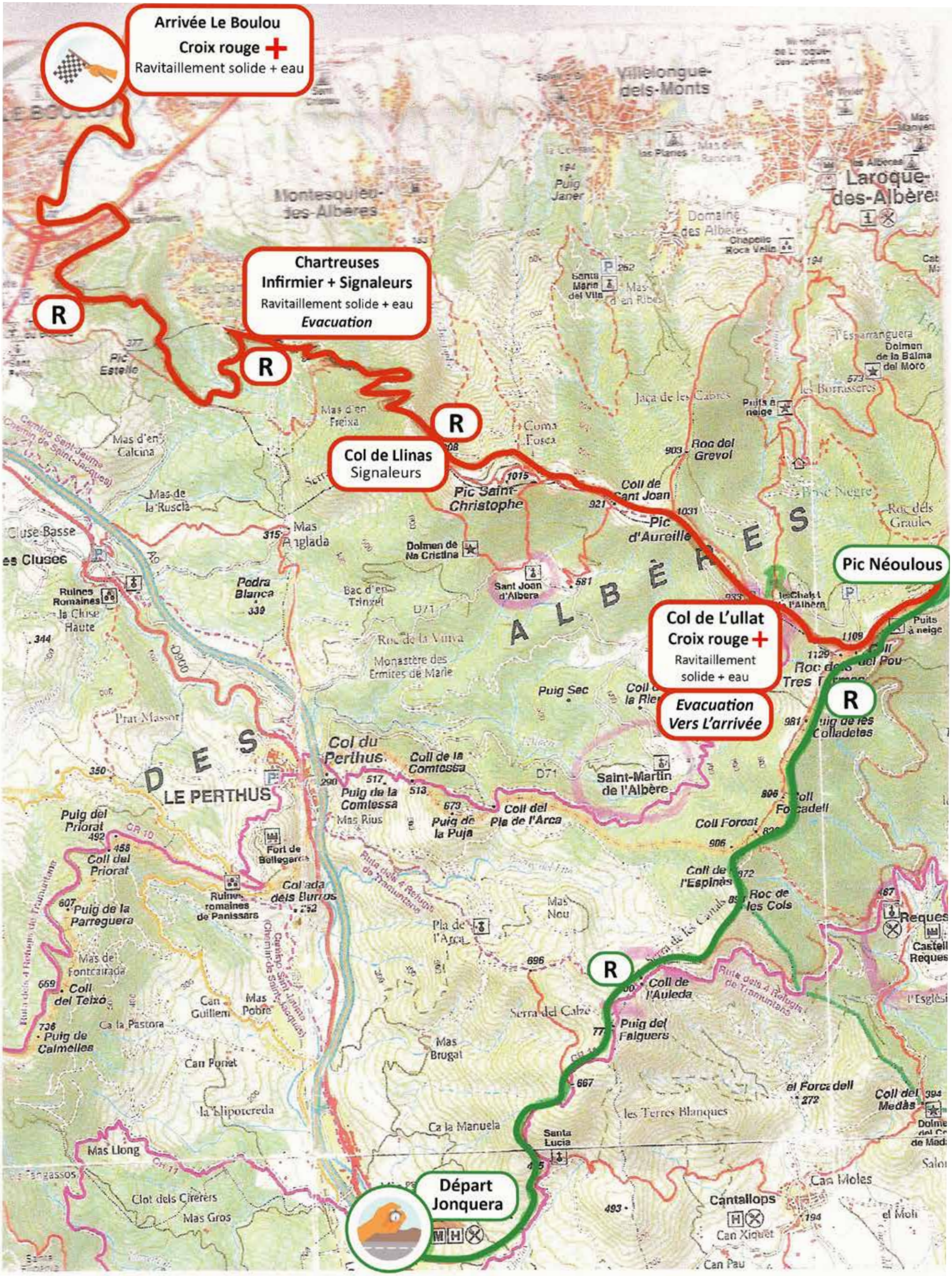TRAIL TRANSFONTALIER DES ALBERES - LA JONQUERA - LE BOULOU